

4 BENEFITS

of Smoke-Free/Tobacco-Free

POLICIES



1

Protect people from harmful secondhand smoke and e-cigarette emissions



2

Help people quit and stay quit



3

Reduce health care costs



4

Reduce cleaning and maintenance costs



NC DEPARTMENT OF
HEALTH AND
HUMAN SERVICES



☎ 1-800-QUIT-NOW (1-800-784-8669)

📱 Text READY to 200-400 to enroll

🌐 www.quitlinenc.com

📺 @QuitlineNC