

# 4 BENEFITS

of Smoke-Free/Tobacco-Free

# POLICIES



Private Worksites with Tobacco-Free Policies

1

Protect people from harmful secondhand smoke and e-cigarette emissions



2

Helps people quit and stay quit



3

Reduce health care costs



4

Reduce cleaning and maintenance costs



NC DEPARTMENT OF HEALTH AND HUMAN SERVICES



1-800-QUIT-NOW (1-800-784-8669)

Text READY to 200-400 to enroll

[www.quitlinenc.com](http://www.quitlinenc.com)

@QuitlineNC