

Three steps to doubling your patients' chances of quitting for good.





1-800-QUIT-NOW

QuitlineNC is funded by the North Carolina Division of Public Health.

QuitlineNC.com



1. Do you use tobacco? How many cigarettes do you smoke each day?



ASK



1-800-QUIT-NOW

2. Quitting is very important. In fact, it's the best thing you can do for your health now and for the future. And there's help.



ADVICE



1-800-QUIT-NOW

3. If you're ready to quit, QuitlineNC is a great resource. It's free, confidential, and it can double your chances of quitting for good. I can give you a referral if you want.

(If patient agrees, fill out fax referral form. If not, "prescribe" QuitlineNC and provide brochure anyway.)



REFER



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