Three steps to doubling your patients’ chances of quitting for good.
QuitlineNC is funded by the North Carolina Division of Public Health.
1. Do you use tobacco? How many cigarettes do you smoke each day?
2. Quitting is very important. In fact, it’s the best thing you can do for your health now and for the future. And there’s help.
ADVISE
3. If you’re ready to quit, QuitlineNC is a great resource. It’s free, confidential, and it can double your chances of quitting for good. I can give you a referral if you want.

(If patient agrees, fill out fax referral form. If not, “prescribe” QuitlineNC and provide brochure anyway.)