

North Carolina Youth Tobacco Survey (YTS) 2015 Questionnaire

This survey is about tobacco. We would like to know about you and things you do that may affect your health. Your answers will be used for programs for young people like yourself.

DO NOT write your name on this survey. The answers you give will be kept private.

NO one will know what you write. Answer the questions based on what you really do and know.

Completing the survey is voluntary. Whether or not you answer the questions will not affect your grade in this class. Try to answer all the questions. If you do not want to answer a question, just leave it blank. There are no wrong answers.

The questions that ask about your background will only be used to describe the types of students completing this survey. The information will not be used to find out your name. No names will ever be reported.

Please read every question. Try to answer all the questions. Fill in the circles in the booklet completely. When you are finished, follow the instructions of the person giving you the survey.

Thank You Very Much For Your Help.

The first questions ask for some background information about you

1. How old are you?
- A. 9 years old
 - B. 10 years old
 - C. 11 years old
 - D. 12 years old
 - E. 13 years old
 - F. 14 years old
 - G. 15 years old
 - H. 16 years old
 - I. 17 years old
 - J. 18 years old
 - K. 19 years old or older

2. What is your sex?
- A. Female
 - B. Male

3. What grade are you in?
- A. 6th
 - B. 7th
 - C. 8th
 - D. 9th
 - E. 10th
 - F. 11th
 - G. 12th
 - H. Ungraded or other grade

4. Are you Hispanic or Latino?
- A. No
 - B. Yes, I am Mexican, Mexican American, or Chicano
 - C. Yes, I am Puerto Rican
 - D. Yes, I am Cuban or Cuban American
 - E. Yes, I am some other Hispanic or Latino not listed here

5. What race or races do you consider yourself to be? (You can **CHOOSE ONE ANSWER or MORE THAN ONE ANSWER**)
- A. American Indian or Alaska Native
 - B. Asian
 - C. Black or African American
 - D. Native Hawaiian or Other Pacific Islander
 - E. White

6. During the last 30 days, about how much money did you have **each week** to spend any way you want to?
- A. None
 - B. Less than \$1
 - C. \$1 to \$5
 - D. \$6 to \$10
 - E. \$11 to \$20
 - F. \$21 to \$50
 - G. More than \$50

The next six sets of questions ask about your use of certain tobacco products

Cigarettes

7. Have you **ever tried** cigarette smoking, even one or two puffs?
- A. Yes
 - B. No

8. Do you think you will smoke a cigarette in the next year?
- A. Definitely yes
 - B. Probably yes
 - C. Probably not
 - D. Definitely not

9. Do you think that you will try a cigarette soon?
- A. I have already tried smoking cigarettes
 - B. Yes
 - C. No

10. If one of your best friends were to offer you a cigarette, would you smoke it?
- A. Definitely yes
 - B. Probably yes
 - C. Probably not
 - D. Definitely not

11. How old were you when you **first tried** cigarette smoking, even one or two puffs?
- A. I have never smoked cigarettes, not even one or two puffs
 - B. 8 years old or younger
 - C. 9 years old
 - D. 10 years old
 - E. 11 years old
 - F. 12 years old
 - G. 13 years old
 - H. 14 years old
 - I. 15 years old
 - J. 16 years old
 - K. 17 years old
 - L. 18 years old
 - M. 19 years old or older

12. About how many cigarettes have you smoked in your **entire life**?
- A. I have never smoked cigarettes, not even one or two puffs
 - B. 1 or more puffs but never a whole cigarette
 - C. 1 cigarette
 - D. 2 to 5 cigarettes
 - E. 6 to 15 cigarettes (about 1/2 a pack total)
 - F. 16 to 25 cigarettes (about 1 pack total)
 - G. 26 to 99 cigarettes (more than 1 pack, but less than 5 packs)
 - H. 100 or more cigarettes (5 or more packs)

13. During the **past 30 days**, on how many days did you smoke cigarettes?
- A. 0 days
 - B. 1 or 2 days
 - C. 3 to 5 days
 - D. 6 to 9 days
 - E. 10 to 19 days
 - F. 20 to 29 days
 - G. All 30 days

14. During the past 30 days, **on the days you smoked**, how many cigarettes did you smoke per day?
- A. I did not smoke cigarettes during the past 30 days
 - B. Less than 1 cigarette per day
 - C. 1 cigarette per day
 - D. 2 to 5 cigarettes per day
 - E. 6 to 10 cigarettes per day
 - F. 11 to 20 cigarettes per day
 - G. More than 20 cigarettes per day

15. When was the last time you smoked a cigarette, even one or two puffs? (**PLEASE CHOOSE THE FIRST ANSWER THAT FITS**)
- A. I have never smoked cigarettes, not even one or two puffs
 - B. Earlier today
 - C. Not today but sometime during the past 7 days
 - D. Not during the past 7 days but sometime during the past 30 days
 - E. Not during the past 30 days but sometime during the past 6 months
 - F. Not during the past 6 months but sometime during the past year
 - G. 1 to 4 years ago
 - H. 5 or more years ago

16. During the past 30 days, what brand of cigarettes did you usually smoke? (**CHOOSE ONLY ONE ANSWER**)
- A. I did not smoke cigarettes during the past 30 days
 - B. I did not smoke a usual brand
 - C. American Spirit
 - D. Camel
 - E. GPC, Basic, or Doral
 - F. Kool
 - G. Lucky Strike
 - H. Marlboro
 - I. Newport
 - J. Parliament
 - K. Virginia Slims
 - L. Some other brand not listed here

17. Menthol cigarettes are cigarettes that taste like mint, such as Newport and Kool. During the past 30 days, were the cigarettes that you usually smoked menthol?
- A. I did not smoke cigarettes during the past 30 days
 - B. Yes
 - C. No
 - D. Not sure

18. During the past 30 days, how did you get your own cigarettes? (**You can CHOOSE ONE ANSWER or MORE THAN ONE ANSWER**)
- A. I did not smoke cigarettes during the past 30 days
 - B. I bought them myself
 - C. I had someone else buy them for me
 - D. I borrowed or bummed them
 - E. Someone gave them to me without my asking
 - F. I took them from a store or another person
 - G. I got them some other way

19. During the **past 30 days**, where did you **buy** your own cigarettes? (**You can CHOOSE ONE ANSWER or MORE THAN ONE ANSWER**)
- A. I did not buy cigarettes during the past 30 days
 - B. A gas station
 - C. A convenience store
 - D. A grocery store
 - E. A drugstore
 - F. A vending machine
 - G. Over the Internet
 - H. Through the mail
 - I. Some other place not listed here

Cigars

20. Have you **ever tried** smoking cigars, cigarillos, or little cigars, even one or two puffs?
- A. Yes
 - B. No
21. How old were you when you **first tried** smoking a cigar, cigarillo, or little cigar, even one or two puffs?
- A. I have never smoked cigars, cigarillos, or little cigars, not even one or two puffs
 - B. 8 years old or younger
 - C. 9 years old
 - D. 10 years old
 - E. 11 years old
 - F. 12 years old
 - G. 13 years old
 - H. 14 years old
 - I. 15 years old
 - J. 16 years old
 - K. 17 years old
 - L. 18 years old
 - M. 19 years old or older

22. During the **past 30 days**, on how many days did you smoke cigars, cigarillos, or little cigars?
- A. 0 days
 - B. 1 or 2 days
 - C. 3 to 5 days
 - D. 6 to 9 days
 - E. 10 to 19 days
 - F. 20 to 29 days
 - G. All 30 days

23. During the **past 30 days**, how did you get your own cigars, cigarillos, or little cigars? (**You can CHOOSE ONE ANSWER or MORE THAN ONE ANSWER**)
- A. I did not smoke cigars, cigarillos, or little cigars during the past 30 days
 - B. I bought them myself
 - C. I had someone else buy them for me
 - D. I borrowed or bummed them
 - E. Someone gave them to me without my asking
 - F. I took them from a store or another person
 - G. I got them some other way

24. During the **past 30 days**, where did you **buy** your own cigars, cigarillos, or little cigars? (**You can CHOOSE ONE ANSWER or MORE THAN ONE ANSWER**)
- A. I did not buy cigars, cigarillos, or little cigars during the past 30 days
 - B. A gas station
 - C. A convenience store
 - D. A grocery store
 - E. A drugstore
 - F. A vending machine
 - G. Over the Internet
 - H. Through the mail
 - I. Some other place not listed here

Smokeless Tobacco

25. Have you **ever used** chewing tobacco, snuff, or dip, **such as** Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen, even just a small amount?
- A. Yes
 - B. No
26. How old were you when you **used** chewing tobaccos, snuff, or dip for the first time?
- A. I have never used chewing tobacco, snuff, or dip
 - B. 8 years old or younger
 - C. 9 years old
 - D. 10 years old
 - E. 11 years old
 - F. 12 years old
 - G. 13 years old
 - H. 14 years old
 - I. 15 years old
 - J. 16 years old
 - K. 17 years old
 - L. 18 years old
 - M. 19 years old or older

27. During the **past 30 days**, on how many days did you use chewing tobacco, snuff, or dip?
- A. 0 days
 - B. 1 or 2 days
 - C. 3 to 5 days
 - D. 6 to 9 days
 - E. 10 to 19 days
 - F. 20 to 29 days
 - G. All 30 days

28. During the **past 30 days**, how did you get your own chewing tobacco, snuff, or dip? (**You can CHOOSE ONE ANSWER or MORE THAN ONE ANSWER**)
- A. I did not use chewing tobacco, snuff, or dip during the past 30 days
 - B. I bought it myself
 - C. I had someone else buy it for me
 - D. I borrowed or bummed it
 - E. Someone gave it to me without my asking
 - F. I took it from a store or another person
 - G. I got it some other way

29. During the **past 30 days**, where did you **buy** your own chewing tobacco, snuff, or dip? (**You can CHOOSE ONE ANSWER or MORE THAN ONE ANSWER**)
- A. I did not buy chewing tobacco, snuff, or dip during the past 30 days
 - B. A gas station
 - C. A convenience store
 - D. A grocery store
 - E. A drugstore
 - F. A vending machine
 - G. Over the Internet
 - H. Through the mail
 - I. Some other place not listed here

Tobacco Pipe other than a waterpipe or hookah

30. Have you **ever tried** smoking tobacco in a pipe, even one or two puffs?
- A. Yes
 - B. No
31. During the **past 30 days**, on how many days did you smoke tobacco in a pipe?
- A. 0 days
 - B. 1 or 2 days
 - C. 3 to 5 days
 - D. 6 to 9 days
 - E. 10 to 19 days
 - F. 20 to 29 days
 - G. All 30 days

Bidis (small brown cigarettes wrapped in a leaf) and Kreteks (clove cigarettes)

32. Have you **ever tried** smoking any of the following, even one or two puffs:
- A. I have never smoked bidis (small brown cigarettes wrapped in a leaf) or kreteks (clove cigarettes)
 - B. Bidis
 - C. Kreteks
 - D. I have tried both bidis and kreteks
33. During the **past 30 days**, on how many days did you smoke bidis?
- A. 0 days
 - B. 1 or 2 days
 - C. 3 to 9 days
 - D. 10 to 19 days
 - E. 20 to 29 days
 - F. All 30 days
34. During the **past 30 days**, on how many days did you smoke clove cigarettes?
- A. 0 days
 - B. 1 or 2 days
 - C. 3 to 9 days
 - D. 10 to 19 days
 - E. 20 to 29 days
 - F. All 30 days

Other tobacco products

35. Which of the following tobacco products have you ever tried, even just one time? (**You can CHOOSE ONE ANSWER or MORE THAN ONE ANSWER**)
- A. Roll-your-own cigarettes
 - B. Flavored cigarettes, such as Camel Crush
 - C. Clove cigars
 - D. Flavored little cigars
 - E. Smoking tobacco from a hookah or a water pipe
 - F. Snus, such as Camel or Marlboro Snus
 - G. Dissolvable tobacco products, such as Ariva, Stonewall, Camel orbs, Camel sticks, or Camel strips
 - H. Electronic Cigarettes or E-cigarettes, also known as e-hookah, hookah pens, or vape pens, such as Vuse, blu, Fin, Logic, NJOY, and e-Go
 - I. Some other new tobacco products not listed here
 - J. I have never tried any of the products listed above or any new tobacco product

36. In the **past 30 days**, which of the following products have you used on **at least one day**? (**You can CHOOSE ONE ANSWER or MORE THAN ONE ANSWER**)
- A. Roll-your-own cigarettes
 - B. Flavored cigarettes, such as Camel Crush
 - C. Clove cigars
 - D. Flavored little cigars
 - E. Smoking tobacco from a hookah or a water pipe
 - F. Snus, such as Camel or Marlboro Snus
 - G. Dissolvable tobacco products, such as Ariva, Stonewall, Camel orbs, Camel sticks, or Camel strips
 - H. Electronic Cigarettes or E-cigarettes, also known as e-hookah, hookah pens, or vape pens, such as Vuse, blu, Fin, Logic, NJOY, and e-Go
 - I. Some other new tobacco products not listed here
 - J. I have not used any of the products listed above or any new tobacco product

The next questions are about electronic cigarettes or e-cigarettes. You may also know them as vape-pens, hookah-pens, electronic hookahs (e-hookahs), electronic cigars (e-cigars), electronic pipes (e-pipes), or e-vaporizers

37. Have you ever used an electronic cigarette or e-cigarette, even one or two times?
- A. Yes
 - B. No
38. During the past 30 days, on how many days did you use electronic cigarettes or e-cigarettes?
- A. 0 days
 - B. 1 or 2 days
 - C. 3 to 5 days
 - D. 6 to 9 days
 - E. 10 to 19 days
 - F. 20 to 29 days
 - G. All 30 days
39. Do you think that you will try an electronic cigarette or e-cigarette in the next year?
- A. Definitely yes
 - B. Probably yes
 - C. Probably not
 - D. Definitely not

40. If one of your best friends were to offer you an electronic cigarette or e-cigarette, would you use it?
- A. Definitely yes
 - B. Probably yes
 - C. Probably not
 - D. Definitely not
41. What are the reasons why you have used electronic cigarettes or e-cigarettes? (**CHOOSE ALL THAT APPLY**)
- A. I have never tried an electronic cigarette
 - B. I was curious about the product
 - C. Friend or family member used them
 - D. To help me cut down on smoking
 - E. They cost less than other tobacco products, such as cigarettes
 - F. Famous people on TV or in movies use them
 - G. They might be better for my health than cigarettes
 - H. They are available in flavors I like, such as mint, candy, fruit, or chocolate
 - I. They can be used in areas where other tobacco products, such as cigarettes, are not allowed
 - J. They look cool
 - K. They don't smell as bad as cigarettes
 - L. I used them for some other reason
42. During the past 30 days, where did you get or buy the electronic cigarettes that you have used?
- A. I have not tried an electronic cigarette in the past 30 days
 - B. A gas station or convenience store
 - C. A grocery store
 - D. A drugstore or pharmacy
 - E. A mall or shopping center kiosk/stand
 - F. Over the Internet
 - G. A store that sells electronic cigarettes, such as a "vape shop"
 - H. I was given a free sample
 - I. Some other place
 - J. From a family member
 - K. From a friend
 - L. Some other person that is not a family member or a friend

The next questions will ask about your thoughts about whether you think tobacco companies are trying to get young people to use tobacco.

43. Do you believe that tobacco companies try to get young people under 18 to use tobacco products?
- A. Yes
 - B. No

The next questions ask about advertisements you have seen or heard on the Internet, or in newspapers, magazines, television, movies, or stores.

44. When you are using the Internet, how often do you see ads for tobacco products, including electronic cigarettes or e-cigarettes?
- A. I do not use the Internet
 - B. Never
 - C. Rarely
 - D. Sometimes
 - E. Most of the time
 - F. Always

45. When you go to a convenience store, supermarket, or gas station, how often do you see ads or promotions for cigarettes and other tobacco products?
- A. I never go to a convenience store, supermarket, or gas station
 - B. Never
 - C. Rarely
 - D. Sometimes
 - E. Most of the time
 - F. Always

46. Have you ever seen or heard any anti-smoking advertising or campaigns with the following themes or slogans? (**You can CHOOSE ONE ANSWER OR MORE THAN ONE ANSWER**).
- A. Don't clown around with tobacco
 - B. #LeftSwipeDat
 - C. #FinishIt
 - D. The Real Cost
 - E. Tobacco.Reality.Unfiltered.(TRU)
 - F. Tips from Former Smokers
 - G. Think. Don't smoke.
 - H. None of these

Some cigarette or other tobacco companies make items like sports gear, T-shirts, lighters, hats, jackets, sunglasses, or other items that people can buy or receive for free. The next question is about your opinions about these types of items.

47. How likely is it that you would ever use or wear something--such as a lighter, T-shirt, hat, or sunglasses --that has a tobacco company name or picture on it?
- A. Very likely
 - B. Somewhat likely
 - C. Somewhat unlikely
 - D. Very unlikely

The next questions are about quitting tobacco products

48. Do you want to stop smoking cigarettes **for good**?
- A. I do not smoke now
 - B. Yes
 - C. No

49. During the **past 12 months**, how many times have you stopped smoking for **one day or longer** because you were trying to quit smoking cigarettes for good?
- A. I did not smoke during the past 12 months
 - B. I did not try to quit during the past 12 months
 - C. 1 time
 - D. 2 times
 - E. 3 to 5 times
 - F. 6 to 9 times
 - G. 10 or more times

50. When you **last tried to quit** for good, how long did you stay off cigarettes? (**PLEASE CHOOSE THE FIRST ANSWER THAT FITS**)
- A. I have never smoked cigarettes
 - B. I have never tried to quit
 - C. Less than a day
 - D. 1 to 7 days
 - E. More than 7 days but less than 30 days
 - F. More than 30 days but less than 6 months
 - G. More than 6 months but less than 1 year
 - H. 1 year or more

51. In the **past 12 months**, did you do any of the following to help you quit using tobacco of any kind for good? (**You can CHOOSE ONE ANSWER or MORE THAN ONE ANSWER**)

- A. I did not use tobacco of any kind during the past 12 months
- B. I did not try to quit during the past 12 months
- C. Attended a program at my school
- D. Attended a program in the community
- E. Called a telephone help line or telephone quit line
- F. Used nicotine gum
- G. Used nicotine patch
- H. Used any medicine to help quit
- I. Visited an Internet quit site
- J. Got help from family or friends
- K. Used another method such as hypnosis or acupuncture
- L. Tried to quit on my own or quit "cold turkey"

The next questions ask about your exposure to other people's tobacco smoke

52. During the **past 7 days**, on how many days did someone smoke tobacco products in your home while you were there?

- A. 0 days
- B. 1 day
- C. 2 days
- D. 3 days
- E. 4 days
- F. 5 days
- G. 6 days
- H. 7 days

53. During the **past 7 days**, on how many days did you ride in a vehicle where someone was smoking a tobacco product?

- A. 0 days
- B. 1 day
- C. 2 days
- D. 3 days
- E. 4 days
- F. 5 days
- G. 6 days
- H. 7 days

54. During the **past 7 days**, on how many days did you breathe the smoke from someone who was smoking a tobacco product at your school, including school buildings, school grounds, and school parking lots?

- A. 0 days
- B. 1 day
- C. 2 days
- D. 3 days
- E. 4 days
- F. 5 days
- G. 6 days
- H. 7 days

55. During the **past 7 days**, on how many days did you breathe the smoke from someone who was smoking tobacco products in the place where you work?

- A. I do not have a job
- B. I have a job but did not work in the past 7 days
- C. 0 days
- D. 1 day
- E. 2 days
- F. 3 days
- G. 4 days
- H. 5 days
- I. 6 days
- J. 7 days

56. During the **past 7 days**, on how many days did you breathe the smoke from someone who was smoking tobacco products in an indoor or outdoor public place? Examples of indoor public places are school buildings, stores, restaurants, and sports arenas. Examples of outdoor public places are school grounds, parking lots, stadiums and parks.

- A. 0 days
- B. 1 day
- C. 2 days
- D. 3 days
- E. 4 days
- F. 5 days
- G. 6 days
- H. 7 days

The next question asks about your exposure to other people's vapor from electronic cigarettes

57. During the **past 7 days**, on how many days did you breathe the vapor from someone who was using an electronic cigarette or e-cigarette in an indoor or outdoor public place? Examples of indoor public places are school buildings, stores, restaurants, and sport arenas. Examples of outdoor public places are school grounds, parking lots, stadiums, concerts and parks.
- A. 0 days
 - B. 1 day
 - C. 2 days
 - D. 3 days
 - E. 4 days
 - F. 5 days
 - G. 6 days
 - H. 7 days

The next questions ask about smoking rules in your home and vehicle

58. Inside your home (not counting decks, garages, or porches) is smoking...
- A. Always allowed
 - B. Allowed only at some times or in some places
 - C. Never allowed
59. In the vehicles that you and family members who live with you own or lease, is smoking...
- A. Always allowed
 - B. Sometimes allowed
 - C. Never allowed

The next questions ask about the use of tobacco products for people who live with or are close to you

60. Does anyone who lives with you now...? (**CHECK ALL THAT APPLY**).
- A. Smoke cigarettes
 - B. Smoke cigars, cigarillos, or little cigars
 - C. Use chewing tobacco, snuff, or dip
 - D. Use electronic cigarettes or e-cigarettes
 - E. Smoke tobacco using a hookah or water pipe
 - F. Smoke pipes filled with tobacco (not water pipes)
 - G. Use snus
 - H. Use dissolvable tobacco products
 - I. Smoke bidis (small brown cigarettes wrapped in a leaf)
 - J. No one who lives with me now uses any form of tobacco

61. How many of your **four** closest friends smoke cigarettes?
- A. None
 - B. One
 - C. Two
 - D. Three
 - E. Four
 - F. Not sure

62. How many of your **four** closest friends use chewing tobacco, snuff, or dip?
- A. None
 - B. One
 - C. Two
 - D. Three
 - E. Four
 - F. Not sure

The next questions ask about your thoughts about tobacco

63. Do you think that breathing smoke from other people's cigarettes or other tobacco products is...?
- A. Very harmful to one's health
 - B. Somewhat harmful to one's health
 - C. Not very harmful to one's health
 - D. Not harmful at all to one's health
64. Do you think that breathing vapor from other people's electronic cigarettes or e-cigarettes is...?
- A. Very harmful to one's health
 - B. Somewhat harmful to one's health
 - C. Not very harmful to one's health
 - D. Not harmful at all to one's health

END OF SURVEY

**THANK YOU FOR COMPLETING THE YOUTH
TOBACCO SURVEY!!**

65. Do you think smoking cigarettes makes young people look cool or fit in?
- A. Definitely yes
 - B. Probably yes
 - C. Probably not
 - D. Definitely not
66. Do you think young people who smoke cigarettes have more friends?
- A. Definitely yes
 - B. Probably yes
 - C. Probably not
 - D. Definitely not
67. How strongly do you agree with the statement 'All tobacco products are dangerous'?
- A. Strongly agree
 - B. Agree
 - C. Disagree
 - D. Strongly disagree
68. How harmful are electronic cigarettes or e-cigarettes to your health?
- A. Not at all harmful
 - B. Somewhat harmful
 - C. Very harmful
 - D. Extremely harmful
 - E. Not sure

**The next question is about
discussions on websites such as
Facebook, MySpace, or Twitter.**

69. Have you ever "Liked" or commented positively about any tobacco product on a website such as Facebook, Twitter, Instagram, YouTube, or Snapchat?
- A. Yes
 - B. No
 - C. I do not use any of these websites.

**The last question asks about
experiences at school**

70. During the **past 30 days**, have you seen a teacher or anyone else who works or volunteers at your school use any tobacco product during school hours, after-school but still on campus, while riding a bus, or at an after-school event?
- A. Yes
 - B. No