The North Carolina Youth Tobacco Survey (YTS) includes data on the prevalence of the use of cigarette and other tobacco products, as well as information on secondhand smoke (SHS), cessation, pro-health media, tobacco advertising, school tobacco prevention education, community participation, and access and availability of tobacco products. These are all critical areas of focus for a comprehensive tobacco control program in North Carolina.

The North Carolina YTS was a public school-based survey of students in grades 6-12, conducted in 1999\(^1\), 2001, 2003, 2005 and 2007\(^2\). A multi-stage cluster sample design was used to produce representative data of middle and high school students for all of North Carolina. Schools were selected with the probability proportional to enrollment size. Classes were randomly selected and all students in selected classes were eligible to participate. The 2007 YTS school district response rate was 100%, the middle school student response rate for the Coastal Region was 85.9% and the overall response rate was 85.9%. A total of 1,156 middle school students from the Coastal Region participated in and completed the North Carolina YTS in 2007.

### Prevalence

<table>
<thead>
<tr>
<th>Prevalence Details</th>
<th>White</th>
<th>Black</th>
<th>Hispanic</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ever used tobacco</td>
<td>25.9%</td>
<td>33.7%</td>
<td>33.1%</td>
</tr>
<tr>
<td>Ever smoked cigarettes</td>
<td>28.3%</td>
<td>21.6%</td>
<td></td>
</tr>
<tr>
<td>Currently use any tobacco product</td>
<td>10.4%</td>
<td>14.1%</td>
<td>11.8%</td>
</tr>
<tr>
<td>Currently smoke cigarettes</td>
<td>7.2%</td>
<td>4.9%</td>
<td></td>
</tr>
<tr>
<td>Currently use smokeless tobacco</td>
<td>3.9%</td>
<td>2.6%</td>
<td></td>
</tr>
</tbody>
</table>

### Secondhand Smoke (SHS)

- 43.5% live in homes where others smoke
- 51.8% are in the same room as others who smoke during the week
- 88.2% think smoke from others is harmful to them

### Cessation – Current Smokers

- 60.3% want to quit smoking
- 71.5% attempted to stop smoking in the past year

### Pro-health Media vs Tobacco Advertising

- 72.7% saw or heard anti-smoking media messages in the past month
- 12.6% have an object with a tobacco brand logo

### School

- 35.5% were taught the dangers of tobacco
- 1.7% smoked on school property in the past month
- 23.9% said their school has a program to help students quit

### Access and Availability- Current Smokers < 18 years old

- 3.2% buy cigarettes in stores
- 52.5% got their cigarettes via social sources (friends, family and others)

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2 Detailed 2007 YTS tables including 95% confidence intervals are available upon request.